

# 1<sup>st</sup> Class — 1<sup>st</sup> – 5<sup>th</sup> February – Ms. Gavican

Dear all,

Well done to everyone for the great work you uploaded last week.

Here is the timetable of work for this week along with some useful resources, games and links.

You can also find the work in the Learning Zone on the school website. <https://ballinamuckns.ie/learning-zone/>

## Useful Online/Digital Resources to help with your learning this week.

### English

- [Over the Moon Online Resources](#)
- [Video lesson](#) for Pages in your Skills Book
- Google Slides of lessons: <http://bit.ly/2MdUwDQ>
- Spellings games:  
[Phonics pop](#)  
[Forest Phonics](#)  
[Phonics Finder](#)

### Gaeilge

- Use Bua na Cainte programme as last week.
- Video 'An Teach' : <http://bit.ly/3qSGztG>

### Wellbeing

- [Wellbeing folder](#)
- Virtual Classrooms – see below

### SESE

[World Book Online](#)  
[St. Brigid's Resources](#)

### Maths

- CJFallon Maths resources for the book pages in your plan.
- Subtraction Games to try:  
<https://www.topmarks.co.uk/number-facts/number-fact-families>  
<https://www.topmarks.co.uk/maths-games/daily10>  
<https://www.topmarks.co.uk/learning-to-count/helicopter-rescue> (use **count on & back**)  
[https://www.mathplayground.com/superhero\\_subtraction.html](https://www.mathplayground.com/superhero_subtraction.html)  
[https://www.mathplayground.com/math\\_monster\\_subtraction.html](https://www.mathplayground.com/math_monster_subtraction.html)

Please keep an eye on our Class Story for updates and useful links/resources and teaching videos.

I will monitor, review and give feedback on the work through ClassDojo.


My staff email address is [ygavicanballinamuck@gmail.com](mailto:ygavicanballinamuck@gmail.com)

Keep up the great work everyone. 😊

Kind regards and stay safe,

Ms. Gavican

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	Gaeilge - Sa bhaile	Maths – Subtraction 3 Subtraction Games – Topmarks (see list/links above)	English – Unit 10 <a href="#">Video lesson</a> for each page this week Story – <a href="#">Little Monkey</a>	Phonics /ss/ /ng/ /ck/ Spellwell - Wk. 18 Pg. 38
<b>Monday</b>	<b>Ceacht 4</b> ○ Bua na Cainte - Pg.60 ○ Interactive activities	<a href="#">CJ Fallon Pg. 106 Online Activity</a> BAM Book – Pg.106 MYM – Wk. 18 Mon - Pg. 40	<a href="#">Reader Pg. 1 - 12</a>  Put spellings into sentences. Writing – <b>Our News</b>	boss less miss pass
<b>Tuesday</b>	<b>Ceacht 5</b> ○ Bua na Cainte – Pg. 61 ○ Revision - <a href="#">Colour Game</a> ○ Interactive activities	<a href="#">CJ Fallon Pg. 107 Online Activity</a> BAM Book – Pg. 107 MYM – Wk. 18 Tues - Pg. 40	<a href="#">Reader Pg. 1 - 12</a> <b>Skills Book</b> – Pg. 72 <i>*Use my teaching video to help.</i>  Put spellings into sentences	bang sang king ring
<b>Wednesday</b>	○ <a href="#">Worksheet</a> in portfolio ○ Video ‘An teach’ <a href="http://bit.ly/3qSGztG">http://bit.ly/3qSGztG</a> (*will be on Classdojo) ○ Slides version: <a href="http://bit.ly/3cguoTB">http://bit.ly/3cguoTB</a> Tarraing: ‘Mo Theach’ 	<b>Tens and units</b> <a href="#">CJ Fallon Pg. 108 Online Activity</a> BAM Book – Pg. 108 MYM – Wk. 18 Wed - Pg. 41	<a href="#">Reader Pg. 1 - 12</a> <b>Skills Book</b> – Pg. 74 <i>*Use my teaching video to help.</i>  Put spellings into sentences	back duck lock sick
<b>Thursday</b>	<b>Ceacht 6</b> ○ Bua na Cainte – Pg. 62 ○ Interactive activities ○ Revise: <a href="http://bit.ly/3cguoTB">http://bit.ly/3cguoTB</a>	<b>Number puzzles 8</b> <a href="#">CJ Fallon Pg.109 Online Activity</a> BAM Book – Pg. 109 MYM – Wk. 18 Thurs - Pg. 41	<a href="#">Reader Pg. 1 - 12</a> <b>Skills Book</b> – Pg. 75 <i>*Use my teaching video to help.</i>  Put spellings into sentences	does find gold work
<b>Friday</b>	<b>Seomraí</b> Wordsearches in activities on Classdojo Interactive activities and games on bua na cainte	<b>Number puzzles 9</b> <a href="#">CJ Fallon Pg. 110 Online Activity</a> BAM Book – Pg. 110 MYM – Wk. 18 Test – Pg. 83	<a href="#">Reader Pg. 1 - 12</a> Story Time – Little Monkey - <a href="#">Video</a> <b>Skills Book</b> – Pg. 76 <i>Fill out Skills Book using the video as a guide.</i> Spellwell - Wk. 18 Pg. 39 (B,C &D)	Spellwell - Week. 18 <b>Spelling test</b> on Pg. 77 <b>*Pick 10 only</b>

## SESE and Well Being activities

Here is a range of activities for SESE, Wellbeing and general learning to choose from over the course of the week.

### Wellbeing

- Try some of the wellbeing activities in your portfolios/folder
- Relaxation Room – on website <https://ballinamuckns.ie/relaxation-room/>
- [Game Room](#) – Here is a Google Slide virtual classroom with links to lots of games.
- [Wellbeing room](#) – A new virtual room for you to explore with lots of links.



### S.E.S.E.

The theme(s) for this week: **St. Brigid** – Folder of resources here: <http://bit.ly/3pBI00s>

*St. Brigid is a very important Saint in Ireland. Her feast day is on the 1<sup>st</sup> February. Brigid's crosses were made on the eve of Brigid's day. St. Brigid is the patron Saint of livestock. People looked for St. Brigid's blessings on the farms to protect their herd. The 1<sup>st</sup> of February marks the first day of spring in Ireland. There are lots of different St. Brigid traditions in different parts of Ireland.*

- Read the story of St. Brigid's Cloak and do some of the suggested activities.
- Listen to these videos about St. Brigid's traditions
  - <https://youtu.be/XznbbJBNSX8>
  - <https://youtu.be/mIWcZEpnUUM>
  - [https://youtu.be/1hRMgOe\\_fwI](https://youtu.be/1hRMgOe_fwI)
- Try some of the St. Brigid's art activities in your portfolios.
- Ask at home if your family have any traditions to mark St. Brigid's day.
- Boxty is eaten in certain areas on 1<sup>st</sup> Feb. Try the recipe!

### Fitness challenge from the Irish Heart Foundation

- This week try to be active for 60 minutes each day. We did something similar for Active Flag last year.
- Record your activity on the fitness tracker by colouring a circle each time you do 10 minutes of activity.
- I will upload the activity tracker to your portfolios too so that you can colour it there. I have attached to the work too you can print it.
- Post any videos of fun PE activities to your portfolios – I would love to see!
- Some ideas to help with your challenge:
  - PE with Joe Wicks on youtube: <https://youtu.be/slWSKoIP3vc>
  - Tabata workouts using our class playlist: [School Tabata Playlist](#)

**ART**

Here is a link to [Ms. Gavican's Art Studio](#) that we use in school. You will find lots of videos and art resources in the studio.

**St. Brigid's Cross**

St. Brigid used nature to tell people about God. She made her famous St. Brigid's cross from rushes. If you can get some rushes at home, you might like to try and challenge yourself to making a St. Brigid's cross.

Videos on how to make a cross from rushes:

<https://youtu.be/29ZbwPRXwis>

<https://youtu.be/dEkueEXU84A>



It is quite tricky so you can make one out of paper either.

Here are instructions: <https://rb.gy/rxheh2>

Use coloured paper for a brighter cross.



Here is a video on how to draw a nice St. Brigid's cross: <https://youtu.be/p6HOxIZL0I4>

# Physical Activity Tracker

**1**

Every day, cross off or shade in a circle each time you do 10 minutes of activity.

**2**












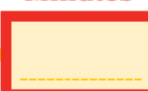


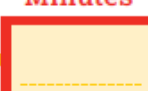




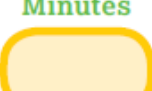

If you do more than 60 minutes on a day, write your extra minutes in the big yellow box.

**3**

At the end of the week, add up your total minutes of activity.

**4**

Write down all the activity you do during the week in the boxes.

MONDAY	Extra Minutes	Total Minutes
		
TUESDAY	Extra Minutes	Total Minutes
		
WEDNESDAY	Extra Minutes	Total Minutes
		
THURSDAY	Extra Minutes	Total Minutes
		
FRIDAY	Extra Minutes	Total Minutes
		
SATURDAY	Extra Minutes	Total Minutes
		
SUNDAY	Extra Minutes	Total Minutes
		
<p><b>Well done!</b></p>	<p><b>WEEKLY TOTAL</b></p>	