

FUTSAL IN THE YARD

PROGRAMME INFORMATION FOR SCHOOLS

WHAT IS FUTSAL IN THE YARD?

The **Futsal In The Yard** programme focuses on introducing participants to the game of Futsal, using fun games and activities to improve agility, balance and coordination, while also emphasising important Futsal techniques. The programme can be delivered easily by teachers as part of PE with minimal guidance or coaching required.

The FAI Futsal in the Yard Programme was developed from an original concept delivered by the FAI in conjunction with Clare Sports Partnership in May 2021 and was rolled out nationally by the FAI in September 2021 on a pilot basis. The programme has been developed further this year, with the **introduction of adapted sessions** for children with additional needs and those attending special schools.

TARGET AGE GROUP

The target age group for this programme is **3rd & 4th class** pupils but this programme can be rolled out at different age groups as the teacher sees fit.

PROGRAMME OUTCOMES

- **Physical, social emotional and intellectual development** - this programme aligns to this aim of the PE curriculum through the empowerment of children to be referees, make teams, layout the yard as instructed and by taking part to improve their physical development
- **Acquisition of fundamental movement skills** in a variety of contexts - this programme aligns to this aim of the PE curriculum by incorporating the ABCs (agility, balance, coordination) into all session plans along with the naturally inherent running, jumping, passing, kicking movement skills.
- Promotion of **positive attitude towards physical activity** - the game of Futsal is an inclusive sport and the introductory nature of the programme promotes the fun aspects of the game

PROGRAMME RESOURCES



Each participating school will receive **four Futsal balls** and a **digital resource pack** which includes short video tutorials, simple graphics, and text to outline all 5 weeks of the programme. The sessions are broken down to warm-up, ball mastery and small-sided games to make it easier for the teacher to deliver.

PROGRAMME DELIVERY



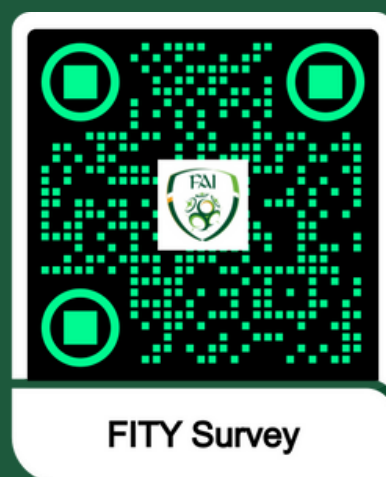
Each participating school will receive an **introductory session** by their local FAI Development Officer which will outline how best to utilise the digital resource pack and the four Futsal balls for classes of up to 32 pupils. Teachers can then use the digital resource pack for the 5 week Futsal in the Yard programme.

PROGRAMME EVALUATION



Finally, we ask all teachers who are involved within the programme to fill out the Futsal in the Yard review survey. This feedback will be imperative for progressing the programme and making it as accessible and user friendly as possible for primary school teachers.

so please scan the QR code below or follow the link to complete the survey once the programme is complete within your school.



<https://forms.office.com/r/AN9MneZ492>